

# TANGIBLE SUPPORT FOR UNDOCUMENTED COMMUNITIES DURING COVID-19

Created 3/17/2020



Immigrants Rising is committed to serving undocumented communities during the Coronavirus (COVID-19) pandemic. We put together this list of resources to help undocumented immigrants navigate the crisis. Please [contact us](#) if there are additional resources that you would like to add to this document. We will continue to update it as the situation develops.

## 1. Addressing Fear and Coping with Stress During Infectious Disease Outbreaks

- Explore The Conversation's [10 Reasons Why Not to Panic](#) to learn how we can collectively contain and defeat the Coronavirus
- Check out these tips from the Center for Disease Control on [Managing Anxiety & Stress](#) during infectious disease outbreaks
- Learn about SAMHSA counseling services available to you through their [Disaster Distress Helpline](#) and [Response Mobile App](#)
- Check out this [guide for parents and caregivers](#) to help families cope from the National Child Traumatic Stress Network
- Care for yourself and loved ones with the Informed Immigrant's [Mental Health Toolkit](#)

## 2. Health Access & Guidance Regarding Covid-19

- USCIS has confirmed that the Public Charge rule does not restrict access to testing, screening, or treatment of communicable diseases, including COVID-19. [USCIS Alert](#)
- One Degree provides [connections to health resources](#) throughout California

# TANGIBLE SUPPORT FOR UNDOCUMENTED COMMUNITIES DURING COVID-19

Created 3/17/2020

- Department of Public Health has FAQs in [English](#), [Spanish](#), [Traditional](#) Chinese, [Simplified](#) Chinese, [Vietnamese](#), [Tagalog](#), and [Japanese](#): wash hands, social distancing, extra caution for elderly/pregnant/those with underlying conditions. (Other languages also available)
- Undocumented people still qualify for [Emergency Medi-Cal](#)
- There are currently **no home test kits** for COVID-19. Avoid any [suspected scams](#).

## 3. Connecting To Free/Low-Cost Resources

- U-Haul is offering [free storage units for 30 days](#) to college students.
- Several video conferencing software companies have opened up free access to their premium features including [Cisco Webex](#), [Google Hangouts \(for schools and businesses\)](#), and [Zoom \(for K-12 schools\)](#)
- Free wi-fi and broadband internet is being offered by [Charter](#) to K-12 and college students and [Comcast](#) to low-income families for 60 days (families may need to be eligible for state/federal assistance to qualify)
- California utilities [suspend customer shut-offs](#) due to non-payment
- Check out this national guide created by the Hope Center on [Supporting Students during COVID-19](#)

## 4. Legal Rights as Employees

- Legal Aid at Work provides clarity about [Undocumented Workers' Employment Rights](#)
- APALA has an infographic for employers with information on [Protecting API Workers](#)
- California Labor Commissioner's Office released FAQs on [COVID-19 and Laws Enforced](#)
- County Office of Labor Standards Enforcement has an infographic detailing [Covid-19 Impact on Workers Pay](#) (check your local CA county office)
- The Employment Development Department (EDD) of California is encouraging individuals with DACA and other employment authorizations who are affected by coronavirus layoffs to [apply for unemployment benefits](#). Workers don't have to be sick to qualify. Individuals who were laid off or had hours reduced due to coronavirus restrictions can also apply.

## 5. Supporting Businesses & Freelancers

- Check out this guide to [supporting artists, performers, and service industry folks](#) during Coronavirus
- Check out this aggregated list of [COVID-19 & Freelancer Resources](#) of free resources, opportunities, and financial relief options available to artists of all disciplines.
- Stay informed about the ways small businesses can prepare for the impact of COVID-19 on their business and community through the [Small Business Majority](#)

# TANGIBLE SUPPORT FOR UNDOCUMENTED COMMUNITIES DURING COVID-19

Created 3/17/2020

- Immigrants Rising's [KickStarter Grants](#) offers short-term, non-renewable grants.
- Low-interest business loans ranging from \$2,600 to \$250,000 are available through [Opportunity Fund](#).
- [Mission Asset Fund](#) offers 0% interest for credit-building loans (up to \$2,400) and loans to start or expand a business (up to \$2,500) Immigrants nationally. They also provide loans to CA residents to pay for USCIS application fees.
- Find loans or local business assistance on [Venturize](#).

## 6. K-12 Resources

- Several K-12 school districts across California are offering free meals to students and their families including [San Francisco](#), [Oakland](#), [Los Angeles County](#), [Riverside](#), [Fresno](#) and [Monterey County](#).

## 7. Organizing & Action-Oriented

- United We Dream is asking folks to [sign their petition to ensure care for all immigrants & suspend enforcement activities](#)
- Define American is [compiling stories](#) of folks coming together to bolster community health and safety across America's diverse cultural landscape.
- Medical professionals have written an [Open Letter to ICE](#) urging the release of individuals in immigration detention given the risk of COVID-19.
- Detention Watch Network created an [organizational sign on letter to ICE](#) calling for the release of all people and cessation of enforcement operations

## 8. Social Distancing

- Share this infographic with [Guidelines on Social Distancing](#)
- Ariadne Labs talks about necessary steps to flatten the coronavirus curve in [Social Distancing: This is Not a Snow Day](#).

## 9. Up-To-Date Tracking of COVID-19 Cases Worldwide

- [Coronavirus Dashboard](#) tracks the numbers of cases including deaths and recovery rates both locally and globally, as well as provides an interactive map.

We would like to thank the California Immigrant Youth Justice Alliance (CIYJA) and the Presidents' Alliance on Higher Education and Immigration for providing resources for this document. CIYJA has also released [COVID-19 Resources for Undocumented Californians](#).



# TANGIBLE SUPPORT FOR UNDOCUMENTED COMMUNITIES DURING COVID-19

Created 3/17/2020

## **ABOUT US**

**Immigrants Rising** helps you make decisions based on your potential, not your perceived limits. Visit our website so you can see what's possible: [www.immigrantsrising.org](http://www.immigrantsrising.org). For inquiries regarding this resource, please contact Nancy Jodaitis at [nancy@immigrantsrising.org](mailto:nancy@immigrantsrising.org).